



**NOV
2017**

SOCIAL RIDES

www.salisbury.sa.gov.au/cyclesalisbury

- **8.30am Wednesday 1 Nov**
Para Pedallers:
Local Salisbury Trails
- **9am Saturday 4 Nov**
Dry Creek Trailers:
Local Trails
- **9am Saturday 4 Nov**
Para District Pedallers:
Little Para/Dry Creek Trails
- **9am Saturday 11 Nov**
Salisbury Cruizers:
Local Salisbury Trails
- **8.30am Saturday 15 Nov**
Para Pedallers:
Local Salisbury Trails
- **9am Saturday 18 Nov**
Dry Creek Trailers:
Local Trails
- **9am Saturday 18 Nov**
Para District Pedallers:
Little Para Trails
- **9am Saturday 25 Nov**
Salisbury Cruizers:
Local Salisbury Trails
- **9am Sunday 26 Nov**
Salisbury Explorers:
Little Para Trails
- **9am Sunday 26 Nov**
Semaphore Sojourn:
Semaphore to Outer Harbour
- **8.30am Wednesday 29 Nov**
Para Pedallers:
Local Salisbury Trails



*Living Well
in the Living City*

www.salisbury.sa.gov.au/livingwell



Group Name	Date/Time	Location	Distance/ Ride Code	Details
Para Pedallers Elaine 0422 393 997	Wednesday 1 November 8.30am	Salisbury Waterwheel Museum carpark, Commercial Rd Salisbury (opp Parabanks)	20 - 30km 1A to 3A	Easy ride along local trails and/or local roads, as decided by the group on the day. Coffee afterwards.
Dry Creek Trailers Bryce 0432 732 540	Saturday 4 November 9am	Carpark of BMX Club/Skate Park, corner Bridge Rd & South Tce, Pooraka	15km 1B to 2B	Beginners ride on good gravel trail, no traffic and great scenery. Coffee at Valley View shops. MTB bikes only please.
Para Districts Pedallers Jim 0401 984 767	Saturday 4 November 9am	Café Delights carpark, Cnr Waterloo Corner Rd & Salisbury Hwy, Salisbury	20km 1A to 3A	Easy ride along the Little Para and Dry Creek Trails. Coffee afterwards. Mountain/hybrid bikes preferred.
Salisbury Cruizers Mark 0456 403 293	Saturday 11 November 9am	Café Delights, Cnr Waterloo Corner Rd & Salisbury Hwy, Salisbury	30km 2B to 4B	Mainly off road ride along local Salisbury tracks and trails stopping for coffee/refreshments enroute or on return to cafe. Mountain/hybrid bikes preferred.
Para Pedallers Elaine 0422 393 997	Wednesday 15 November 8.30am	Salisbury Waterwheel Museum carpark, Commercial Rd Salisbury (opp Parabanks)	20 - 30km 1A to 3A	Easy ride along local trails and/or local roads, as decided by the group on the day. Coffee afterwards.
Dry Creek Trailers Bryce 0432 732 540	Saturday 18 November 9am	Carpark of BMX Club/Skate Park, corner Bridge Rd & South Tce, Pooraka	15km 1B to 2B	Beginners ride on good gravel trail, no traffic and great scenery. Coffee at Valley View shops. MTB bikes only please.
Para District Pedallers Elaine 0422 393 997	Saturday 18 November 9am	Café Delights carpark, Cnr Waterloo Corner Rd & Salisbury Hwy, Salisbury	20 - 30km 1A to 3A	Easy ride along the Little Para Trail and/or local roads as decided by the group on the day. Coffee afterwards. Mountain/hybrid bikes preferred.
Salisbury Cruizers Mark 0456 403 293	Saturday 25 November 9am	Café Delights, Cnr Waterloo Corner Rd & Salisbury Hwy, Salisbury	30km 2B to 4B	Mainly off road ride along local Salisbury tracks and trails stopping for coffee/refreshments enroute or on return to cafe. Mountain/hybrid bikes preferred.
Salisbury Explorers Jim 0401 984 767	Sunday 26 November 9am	Little Para Trail next to Hausler Reserve, Paralowie	5 -10km 1A to 2A	Beginners / Easy Ride along the Bitumised path of the Little Para Trail. Mountain/hybrid bikes preferred.
Semaphore Sojourn Nigel 0431 838 735	Sunday 26 November 9am	Semaphore Foreshore Clock Tower, end of Semaphore Rd, Semaphore	15 - 20km 1A to 3A	Relaxed, easy paced ride along foreshore shared path to Outer Harbour and return. Suitable for all types of bikes. Coffee/refreshments afterwards.
Para Pedallers Elaine 0422 393 997	Wednesday 29 November 8.30am	Salisbury Waterwheel Museum carpark, Commercial Rd Salisbury (opp Parabanks)	20 - 30km 1A to 3A	Easy ride along local trails and/or local roads, as decided by the group on the day. Coffee afterwards.

Ride Codes	
1 up to 15km/h	2 15 to 18km/hr
3 18 to 20km/h	4 20 to 23km/hr
5 23 to 26km/hr	6 26+km/hr

Terrain Codes	
A Flat	B A few hills
C Hilly and Steep	D Challenging

Hot Weather Policy
Please note that any of our advertised 'Cycle Salisbury' rides will be cancelled if the forecast temperature is 35 degrees or above. Note that we use the forecast for Adelaide as issued by the Bureau of Meteorology (BOM) at approximately 4pm on the day before any ride. Please either watch any of the TV networks news bulletins the night before any ride or check the BOM's website.